



## BraveHeart Retreats

### TRAINING WORKSHOP SERIES

(Attend one or more trainings, or the entire series)

#### Warming Up the Group

January 29 - 10 am - 12 pm PT

#### Choosing a Protagonist

February 5 - 10 am - 12 pm PT

#### Beginning the Psychodrama

Walk and Talk, Contracting and Where to Start

February 19 - 10 am - 2 pm PT

#### Into Action

Scene Setting and Role Training Auxiliaries

March 5 - 10 am - 12 pm PT

#### Moving the Psychodrama Along

Doubling, Role Reversal, Aside, Soliloquy and Mirror

March 19 - 10 am - 12 pm PT

#### Building Towards Catharsis

Role Demands, Using Auxiliaries and Maximization

March 26 - 10 am - 12 pm PT

#### Moving the Psychodrama Towards Closure

Integration, Role Training the Protagonist, and Bookmarking

April 9 - 10 am - 12 pm PT

#### Completing the Psychodrama

Ending, De-Roling, Sharing and Action Sharing

April 16 - 10 am - 12 pm PT

#### Ending the Group

Closure, Closing Sociometry and the Use of Ritual

April 30 - 10 am - 12 pm PT

COST: \$65 per training

\$60 per training for 3 or more; \$55 per training for full series

CEUs available for California LCSW, LMFT, LPCC, LEP, CCAPP,

ISEP and Psychodrama for an additional fee

For more information or to register, please contact:

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